

Harrogate Neighbours **Spring Newsletter** Neighbours

Harrogate Neighbours Outstanding Care & Support

Spring has sprung and the days are gradually getting longer. Find out what we have been up to over the past few months! Thank you for spending time to read our Quarterly Newsletter.

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The Queen's Award for Voluntary Service

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A Note from Sue

Dear All,

I am sure you are all as excited as me as we look forward to a 4-day bank holiday weekend – personally I can't wait for all the Platinum Jubilee celebrations and being part of history and we welcome family, friends and colleagues to join us with all our activities.

There have been some amazing things happening over the last few months at Harrogate Neighbours and we also have some fabulous plans coming up – so keep a watchful eye out. We continue to strive to be outstanding in all that we do, and it is with huge thanks to the fantastic work and commitment of our staff and volunteers, and of course the relationships we have with our partners.

Watch out on all our social media platforms for what is happening at Harrogate Neighbours during the coming months.

Have a fabulous summer.

Kind regards,

Sue

As you may or may not know, we are the nominated charity for **Business Networking Group (BNI)** in Leeds.

This group of businesses provide us with a lot of support, sponsorship, and income, and are keen to support our wider community, too.
 BNI works on referrals, so whether you're in need of a builder, a new insurance quote, or are in the market for a mortgage, there are companies on our referrals list that can support you with this and more!

Please contact us on **01423 888777** or email us at <u>info@hnha.co.uk</u> for information about these businesses or for a no obligation referral. Who knows they may be able to save you money, too!





The Cuttings—Extra Care Facility



Valentines Day

Love is all around at The Cuttings as residents were treated to a romantic 3 course meal, chocolates and some delicious pink bubbly! It is important for us to spread the love and show appreciation to everyone.

Nutrition and Hydration Week

This is a week we pride ourselves on being part of. Good nutrition is paramount to the wellbeing of all individuals that we care for at The Cuttings and Harrogate Neighbours.

To mark the week our hospitality team made fresh smoothies and even Irish Stew to celebrate St Patrick's Day. Residents enjoyed the smoothies during an interval at the weekly Bingo club!





Mothering Sunday

The lovely ladies were treated to daffodils to welcome in the spring and celebrate all they do whether they are Mothers or wonderful women who brighten everyone's day.

All residents were treated to a tasty Sunday lunch and a glass of prosecco to celebrate!

Easter shenanigans

This Easter was jam packed with fun! Our residents all received a chocolate egg, took part in a scavenger hunt and had a special Guest visit from Andrew Bull for one of his famous quizzes! Lots of prizes were won, and plenty of chocolate and Easter treats were enjoyed by all eager quiz teams.





Activities and more...

The much anticipated lifting of restrictions has meant that our Cuttings Weekly Shopping Trips have been able to resume - finally!

It is with great pleasure that we welcome Michael to the Harrogate Neighbours voluntary team. Michael drives our residents to local supermarkets to ensure they maintain their independence and can get out and do their shopping.

We would also like to give a warm welcome to Elaine who volunteers for the residents on an evening, providing them with quizzes, music and more!

Heath Lodge—Residential Care Home



When love is in the air... Bake biscuits and eat them! The residents at Heath Lodge baked, decorated and ate biscuits for Valentines Day. For many people, valentines can be a lonely occasion, however, the team at Heath Lodge have ensured that their day was filled with love and laughter... and it's difficult to beat homemade food!

Fruity Mother's Day!

We saw the first of the sun this Mother's Day so Heath Lodge decided it was best spent in the garden with a freshly made smoothie!

The Easter Bunny has been....

The Easter Bunny has been busy this year! A huge thank you to Kate from Ellis Breese for her donation of Easter Eggs and to the family and loved ones who brought in lots of Easter treats for the Easter Raffle! The residents had a lovely long weekend, making Easter Bonnets and enjoying their treats in the beautiful weather.

Please sir, can I have some more?

Yes.. There is more! Heath Lodge joined forces with The Cuttings for a very special first time get together at Harrogate Theatre. All residents and one or two clients in the community came together to watch Ripon Amateur Operatic Society in Oliver!

The trip was an afternoon opportunity and it did not disappoint! There was lots of laughter and singing along to the famous musical and a photo was taken to mark the rare occasion everyone came together! We can't wait for the next meet up!

Greenfield Court Care

Easter Deliveries!

As well as providing exceptional care to our clients in the community, our carers also doubled up as Easter Bunnies! A huge thank you to BNI Network Leeds who donated lots of eggs for our community clients, staff and residents at The Cuttings!



We would like to say a huge congratulations to both **Yvonne** and **Laura** for **10 years** of service at Greenfield Court Care!



Hey little hen...

Our hens have wintered very well and are now providing our residents and staff with some fantastic eggs! It's now a competition as to who can get the most 'double yolkers' - There have been reports of over 20 so far!

Over the years, Laura has developed her career with Harrogate Neighbours and progressed from a Community Care Assistant, to Care Team Leader, and is now our Training Coordinator!





Harrogate & Ripon Food Angels

Harrogate Neighbours' bid to reduce Food Waste!

In a bid to leave behind a greener footprint, we have partnered up with Crimple who provide us with surplus food that would otherwise go to waste.

What we do not use is then offered to our staff and residents who can help themselves to various items!

Food is an important part of our ethos and we will continue to deliver our meals to people in the community, including during bank holidays and ensure that the meals received are healthy and substantial to all of our clients.





<u>We Are Seeking More</u> <u>Volunteers!</u>

Do you want to be a part of our team of special individuals, couples, and families who give time to delivering meals to the elderly on a lunch time?

Do you have a day off in the week, or are looking for something to do a few times a month?

Contact Catherine today on 01423 888 083 to chat to her about becoming a volunteer for Food Angels!

Work For Us...



If you are looking to start a career in the care sector, or you're just looking for a new role within a friendly and supportive team, then we have the role for you. We regularly advertise for care roles and have other opportunities from time to time, so keep an eye out on our 'work for us' website page.

To apply for any advertised roles, please contact us on 01423 888777 or email your CV to <u>recruitment@hnha.co.uk</u>

Current Vacancies

Community Engagement and Fundraising Officer for Harrogate Neighbours 25 Hours/Week

Community Care Assistants for Greenfield Court Care Full & Part Time Available

Housekeeper at Heath Lodge 30 Hours/Week

Nights Care Assistant at Heath Lodge Full & Part Time Available

Care Team Leader at Heath Lodge Full Time 36 Hours/Week



Follow us!

FOLLOW US on Social Media to see what we get up to daily:

Facebook: @<u>HNHA2013</u> Instagram: @<u>harrogateneighbours</u> Twitter: @<u>hnha2013</u>

Interested in volunteering?

We always welcome new Volunteers as we are an ever growing charity. If you have time to spare for those who require a helping hand then we would love to hear from you. Have a look on our '<u>Volunteers</u>' website page for more information.

Alternatively, call Catherine on 01423 888083 if you have a spare hour over lunchtime!





Self-care at Harrogate Neighbours!

Emma Jane is in our wellness suite at The Cuttings every Tuesday to cater for all resident, staff and family's **beauty** needs! Please call or message her on 07737 647 850

Lady Jayne visits weekly to both Heath Lodge and The Cuttings and is available for both Lady/Gent haircuts and colours. Please contact her on 07548 554 452

Katie (KB Podiatry & Chiropody) will be in once per month on a Friday for any Podiatry and Chiropody needs. Please contact her on 07593
616 201 if you would like to make an appointment or email her on katiebradley219@hotmail.com

Please note that Emma, Jayne and Katie are all external, local businesses who we are proud to support!

Contact Us

The Cuttings, Head Office & Recruitment 01423 888 777

Heath Lodge Care Home 01423 882 970

Greenfield Court Care 01423 880 487

Harrogate Food Angels 01423 888 083