



Week 1

MONDAY

Savoury Mince and Mash
Bacon Chop
Quorn Mince and Mash
Pineapple Upside Down Cake
Fruit Pot

TUESDAY

Sausage Casserole
Hunter Chicken
Vegetable Casserole
Apple Crumble
Fruit Pot

WEDNESDAY

Roasted Pork Loin
Beef Pie
Veg Pie
Chocolate Brownie with Whipped Cream and a Berry Compote
Fruit Pot

THURSDAY

Chicken Stew
Spaghetti Bolognese
Vegetable Bolognese
Sticky Toffee Pudding
Fruit Pot

FRIDAY

Fresh Battered Fish and Chips
Poached Fish
Profiteroles
Fruit Pot

SATURDAY

Sweet and Sour Chicken
Fish Pie
Vegetable Pie
Crème Brûlée
Fruit Pot

SUNDAY

Roast Gammon
Lemon Meringue Pie
Fruit Pot





Week 2

MENU



MONDAY

Lasagne and Garlic Bread
Pork Steaks
Vegetable Lasagne
Blueberry Sponge
Fruit Pot

TUESDAY

Shepherds Pie
Turkey Steak In a Peppercorn Sauce
Quorn Toad In The Hole
Vanilla Cheesecake with Toffee Sauce
Fruit Pot

WEDNESDAY

Chicken Pie
Corned Beef Hash
Vegetable Pie
Bread and Butter Pudding
Fruit Pot

THURSDAY

Mild Chilli Con Carne
Toad In The Hole
Vegetable Chilli
Apple and Cinnamon Pie
Fruit Pot

FRIDAY

Fresh Battered Fish and Chips
Poached Fish
White Chocolate and Raspberry Mousse
Fruit Pot

SATURDAY

Mild Butter Chicken Curry
Scampi and Chips
Lemon Sponge
Fruit Pot

SUNDAY

Roast Beef Dinner
Mixed Fruit and Cream
Fruit Pot



Week 3

MONDAY

Breast of Chicken In a Creamy Mushroom Sauce
Pasta and Meatballs
Vegetable Pasta Bake
Treacle Sponge
Fruit Pot

TUESDAY

Chicken Escalope
Cottage Pie
Vegetable Hot Pot
Lemon Posset
Fruit Pot

WEDNESDAY

Beef Bourguignon
Chicken, Leek and Ham Pie
Vegetable Bourguignon
Peach Crumble
Fruit Pot

THURSDAY

Chicken Caesar Salad
All Day Breakfast
Quorn Breakfast
Banana Bread
Fruit Pot

FRIDAY

Fresh Battered Fish and Chips
Poached Fish
Black Forest Gateaux
Fruit Pot

SATURDAY

Chinese Style Chicken Curry
Gammon, Egg and Chips
Tiramisu
Fruit Pot

SUNDAY

Roast Pork
Jam Roly Poly
Fruit Pot





Week 4

MONDAY

Chicken Goujons
Sausage and Mash
Quorn Sausage and Mash
Jam and Coconut Sponge
Fruit Pot

TUESDAY

Lamb Hot Pot
Liver, Bacon and Onions
Vegetable Stew
Strawberry Cheesecake
Fruit Pot

WEDNESDAY

Roast Gammon
Tuna Salad
Quorn Fillet
Chocolate Sponge and Chocolate Custard
Fruit Pot

THURSDAY

Meat and Potato Pastry
Chicken Kiev
Vegetable Pastry
Peaches and Whipped Cream with a Strawberry Sauce
Fruit Pot

FRIDAY

Fresh Batter Fish and Chips
Poached Fish
Jelly and Cream
Fruit Pot

SATURDAY

Chicken Stir Fry with Noodles
Stewed Beef
Vegetable Stew
Sultana Sponge
Fruit Pot

SUNDAY

Roast Chicken
Rice Pudding
Fruit Pot



MENU